MAX

Unhoused Comfort Bag [Max]

10 STEPS

STEP 1 OF 10

About Project Helping

Kynd Kits are a program of Project Helping, a mental wellness nonprofit. Our mission is to make it ridiculously easy to volunteer because doing good is good for your mental wellness!

Learn More at ProjectHelping.org

When You Build a Kynd Kit - The Cycle of Impact

Tips for Building Your Kit

Helpful Tip for Building Your Kynd Kit

- Avoid politics and religion entirely.
- Use appropriate humor.
- Can't think of what to write, draw a picture!
- Use words of affirmation!
- Place a piece of paper in any canvas bag before drawing on the outside. This way, the marker will not bleed through the other side of the bag.
- Please keep your designs gender-neutral, inclusive, and age-appropriate.

Spanish Translation Options

ENGLISH TO SPANISH PHRASES

English	Spanish
Be proud of yourself	Siéntete orgulloso/a de ti mismo/a
Thinking of you	Pensando en ti
Sending love	Mandándote amor
You got this!	¡Tú puedes!
You are stronger than you seem, braver than you believe, and smarter than you think.	Eres más fuerte de lo que pareces, más valiente de lo que crees y más inteligente de lo que piensas.
This time will pass and good things are coming your way.	Deberías sentirte orgulloso/a.
Keep moving forward and fighting for that future!	El próximo capítulo de tu vida será mucho mejor.
Thinking of you during this time and sending warm, supportive thoughts your way.	Estaré pensando en ti durante este tiempo y te mando pensamientos cálidos y de apoyo.
Start where you are. Use what you have. Do what you can.	Empieza donde estás ahora. Usa lo que ya tienes. Haz lo que puedas hacer.
I know this won't be easy, but I also know you've got what it takes to get through it.	Sé que no va a ser fácil, pero también sé que tienes lo necesario para poder pasar esto.

STEP 3 OF 10

Unhoused Comfort Bag [Max]

Before You Build

There are an estimated 582,462 people in the United States experiencing homelessness on a given night, according to the most recent national point-in-time estimate. This represents a rate of approximately 18 people experiencing homelessness per 10,000 people in the general population.

The most basic needs can make a world of difference to those experiencing homelessness. By making a dignity bag, you can impact someone with a meaningful, thoughtful action.

STEP 4 OF 10

Write a Note to the Recipient and Decorate the Envelope

Write a card and decorate the envelope using the enclosed materials. Express your encouragement and include a hopeful message.

Please ensure your message is **age-appropriate** and **avoids references to religion or politics.**

STEP 5 OF 10

Decorate the Canvas Bag

Use the permanent markers to decorate the canvas bag.

Tip: Place a piece of paper in the bag before decorating to prevent the markers from bleeding through.

Before

After

STEP 6 OF 10

Luggage Tag

Cut one of the blank cards to fit the luggage tag. Write an encouraging message, put it inside the luggage tag, and attach it to the outside of the backpack.

STEP 7 OF 10

Decorate the Fan

Decorate the fan with an inspiring message or decoration. Make it cheerful and colorful!

Before

After

Pack The Unhoused Comfort Bag [Max]

Pack all of the materials into the backpack and put it back into the original box.

- Add any optional items you would like.

Optional Items to Add:

- Protein-rich snacks
- Hygiene items
- Basic First-aid items
- Any additional items you would like to include.

Items not to include:

- Perishable items
- Sharp objects
- Nut food products
- Religious or political items
- Alcohol

STEP 9 OF 10

Register My Kit (Optional)

> **Register your kit**
>
> To register and track your kits, you must visit the online instructions.
>
> *Registering your kit is optional.*

STEP 10 OF 10

Thank You!

When you build a Kynd Kit, you create layers of impact for yourself and the community. We appreciate your time and your support of our mission.

Cheers,

The Project Helping team